

IA3. Not Prohibiting Foods that God Allows.

We are not to prohibit foods that God allows.

This precept is derived from His Word (blessed is He):

Key New Testament Scriptures

1 Timothy 4:1-5

The Spirit expressly states that in the acharit-hayamim some people will apostatize from the faith by paying attention to deceiving spirits and things taught by demons. Such teachings come from the hypocrisy of liars whose own consciences have been burned, as if with a red-hot branding iron. They forbid marriage and require abstinence from foods which God created to be eaten with thanksgiving by those who have come to trust and to know the truth. For everything created by God is good, and nothing received with thanksgiving needs to be rejected, because the word of God and prayer make it holy.

Additional New Testament Scriptures

Acts 15:1, 19-20

Related New Testament Mitzvot

IA01 Gentiles Abstaining from What Has Been Sacrificed to Idols, from Fornication, from what Is Strangled, and from Blood.

IA02 Not Arguing, Judging, or Causing a Brother to Stumble Over Prohibited Foods

Supportive Tanakh Scriptures

None

Comment

Although 1 Timothy 4:1-5 uses marriage and foods as examples, the broader *Mitzvah* it represents is that if God gives, or allows his children to partake of something, they should not reject it or prohibit it to others. One way it applies to Gentiles and food, is we who are Jews and are commanded to abstain from certain edibles, should not teach that Gentiles must abstain from the same edibles prohibited to us. While they may not be foods for us, they may well be foods for them.

Related Mitzvot in Volumes 1 & 2

K01 Creatures We Are Allowed to Eat and Forbidden to Eat